

### Cliff Bar

- Lemon Poppy Seed
- Oatmeal Raisin Walnut

### David Sunflower Seeds

**Frito Lay –all “Baked!” varieties 1oz bag**

### Cascadian Farm Organic

- Chocolate Chip Chewy Granola Bars

### Corn Nuts 1.7oz

- Original
- Ranch
- Chile Picante
- BBQ

### Healthy Handfuls

- Lemon Vanilla
- Lucky Duckies
- Crocodile Cookies

### Luna Bar

- Lemon Zest

### Nabisco 100 Calorie Packs

- Oreo Thin Crips
- Ritz Chips Minis
- Wheat Thin Minis

### Nature Valley Crunchy Granola Bars

- Cinnamon
- Peanut Butter
- Oats n’ Honey

### Nutri Grain Bars

- Strawberry
- Blueberry
- Apple

### Planters 1oz package

- Salted Peanuts

### Power Bar

- Oatmeal Raisin

### Lara Bar

- Apple Pie
- Lemon Bar
- Cherry Pie

### Quaker Chewy Granola Bars

- Chocolate Chip
- Peanut Butter Chocolate Chip
- Oatmeal Raisin

### TLC Kashi Tasty Little Chewies

- Honey Almond Flax
- Trail Mix
- Peanut Butter

### Zone Bar

- Peanut Butter
- Fudge Graham

## Healthful Vending Suggestions

### Dole 8.4oz cans 100% Juice

- Pineapple Paradise
- Strawberry Pacific Paradise
- Orange Pacific Paradise

### Gatorade 8.45oz boxes (60 calories!)

- Fruit Punch
- Fierce Grape
- Strawberry Kiwi
- Frost Glacier Freeze

### Langers 10oz 100% Juice

- Orange Juice
- Apple Juice

### Martinellis 10oz 100% Juice

- Apple
- Sparkling Apple

### Minute Maid 6.75oz box 100% Juice

- Apple
- Grape
- Punch
- Berry

### Treetop 5.5oz can 100% Juice

- Grape
- Apple
- Apple Pear

### V8 5.5oz Can 100% Juice

- Vegetable
- Spicy Hot

### Suggested SNACKS meet the following criteria per package:

- 250 calories or less per package
- Not more than 35% of the calories are from fat with the exception of nuts and seeds
- Not more than 10% of the calories are from fat
- Does not contain trans fat
- Not more than 35% of the total weight from sugar or caloric sweeteners with the exception of fruits and vegetables
- Not more than 360mg of sodium per package

### Suggested BEVERAGES

(no greater than 12oz - with the exception of water)

- Water
- Non-fat or 1% milk
- 100% fruit or vegetable juice
- Fruit-based drinks containing at least 50% juice with no added caloric sweeteners
- All non caloric beverages, including diet sodas
- Sports drinks less than or equal to 100 calories